THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiaa.org





Cullen Mall Gratitude Meeting
Dec 11th at 8pm
Parkway Presbyterian Church @3707 Santa Fe St. CC, TX

New Year's Eve Dinner hosted by CBIA
Brisket and Potato Salad provided, bring a side if you can!
6:00pm-8:00pm followed by Candlelight meeting at 8pm
18th St Alanos Club at 1633 18th St (in the big building)

71st Coastal Bend Jamboree
Registration form attached for mail in or go online to cbiaa.org/jamboree/
Discount for early registration
February 7th-9th 2025 at the Omni Hotel in Corpus Christi, TX

District 13 Workshop
GSR Workshop from 10am-12 Noon
Lunch Provided -Traditions Workshop 1pm-4pm
711 Broadway, Marble Falls, TX

CBIA Hours



We will be closed Christmas Day and New Year's Day
Special hours X-mas Eve and NY Eve ---8:30am-2:30pm

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA OFFICE HOURS *(except on Holidays).* We will continue to work 30-hour weeks during 2024 to keep costs down.

Monday-Friday
8:30am–11:30am and 2:00pm–5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time.

CBIA HOLIDAYS

January	**New Year's Day**	**September**	**Labor Day**
May	**Memorial Day**	**November**	**Thanksgiving- 2 days**
July	**Independence Day**	**December**	**Christmas Day**



Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.

1



Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.

2



Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.

3



Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.

4



Find out about the special holiday parties, meetings, or other celebrations given by groups in your area, and go. If you're timid, take someone newer than you are.

5



Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.

6



If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.

7



Don't think you have to stay late. Plan in advance an "important date" you have to keep.

8



Worship in your own way.

9



Don't sit around brooding. Catch up on those books, museums, walks, and letters.

10



Don't start now getting worked up about all those holiday temptations. Remember— "one day at a time."

11



Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.

12



"Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

Reprinted from *Box 459* with permission.

Happy Holidays

Matt B. – AA story

I thought of myself as a late bloomer because I didn't start drinking until I was sixteen. Most of my friends in our beach city had started drinking for fun a couple of year earlier. I didn't drink every day. But I noticed right away that I drank differently from my friends. They would go out, do a little drinking, and then go home. But when I drank, I drank a lot and didn't stop until I was completely drunk and crazy.

I knew this was a problem and I was able to stop drinking for a few years. I got into good college and things were going well. At age twenty-two, a girlfriend left me, and little by little I started drinking beer again. Soon it was back to the same thing. Every time I drank, I would drink way too much, and usually get in trouble. I started getting arrested. The charges were always drinking-related – open container violations, drunk in public, and DWI.

I couldn't hold a job. I would get a good job, then take weeks off to surf and drink, drink and surf. This went on for four or five years until I found myself in a deep depression. I was introduced to cocaine, and the drinking became fun again for a while. I used the cocaine in order to keep drinking.

Then at age thirty-four I was arrested one more time for DUI. This time a passenger in my car was holding ecstasy, pot, and coke. I was charged with possession and sentenced to a drug diversion program. All I had to do was go to the classes and pass a little test. But I was still drinking and failed to complete the program. This resulted in my being arrested for violating the terms of my sentence - failing the drug classes and continuing to drink. I told the judge that I had tried to stop drinking but just couldn't quit. I didn't know why I couldn't stop even when I really wanted to.

I was sentenced to two weeks in jail and another drug diversion program, although because of my previous failure, I was not supposed to be eligible. At the end of my two weeks, I was feeling scared. I was due to be released from jail and all I could think about was drinking again. I knew this would end badly and I knew I was going to drink anyway. I told this to one of the jailers. He told me that when I got out, I should go to an AA meeting. I was really afraid of what would happen if I drank again, so I found an AA meeting in another beach town.

At this meeting, the speaker at the podium seemed to be talking directly to me. I identified with his story, and the pain and terror of knowing I was going to go do the same things over and over, but having no power to quit. I heard him say that in AA he had found a way out. I was struck with a sudden epiphany that my life was shattered because of drinking, and that if this man could get sober and stay sober, so could I. I imagined myself free to go surfing again and to live with all the freedom I'd felt when I was fourteen. I was told to get a sponsor, so I asked the speaker to be my sponsor. I did the work that was asked of me. I didn't realize how that would pay off until a few years later.

I was clean and sober for several years, when I had an accident and broke my arm. At that time the doctors were prescribing a new drug, oxycontin, for pain relief. After only a few days of taking it, I knew I was becoming addicted. I kept taking it, and soon started drinking again. The trouble started immediately. I had a car wreck while drunk with an open container in the car. I just knew I was done for this time. But God loves a drunk. The cops let me go!

On June 5, 2008 I came crawling back to AA, sick and tired of being sick and tired. I remembered what that speaker at my first AA meeting had said. There was a way out. I got a sponsor right away and began working the steps. I did a fourth and fifth step which freed me of the resentments and fears I'd been carrying.

I kept right on going. For five years I went to seven meetings a week. I took service commitments, began sponsoring others. I started traveling the world sober, surfing and hitting AA meetings all over Australia, Indonesia, Asia, and central and South America.

Today I have my meetings, which I attend regularly where I live at Sunset Beach, Hawaii. I have my sponsor and a group of friends like none I've ever had before. I get to cry in front of them and be sad and grateful for a life God has given me so freely.

I was diagnosed with prostate cancer, and I took my program into my radiation treatment. I learned the names of patients worse off than me greeted the staff and learned their name. In short, I brought the best version of Matt into the clinic every day. Today I know true meaning of living in the now. The words from the big book ring truer to me today than when I first read them: We will know a new freedom and a new happiness.

Minutes

CBIA BOARD OF TRUSTEE MEETING

Oct 14th, 2024

I. **Don** opened meeting with **Moment of Silence** followed by **Serenity Prayer at 6:03pm**
- **Jennifer** read **CBIA Mission Statement**
- **Jim** read **General Warranties**
- **Carol** read **12 Traditions**

II. **ATTENDANCE**: Don K. (Chair), Paul M.(Vice Chair), Jim S, Jennifer N., Carol D, Scott M, Dave W., Rita S. (Office Manager) and Terry M.(Assistant Manager), Mike T. (potential new board nominee)

III. **Don** read the minutes of **Sept 9th CBIA Board Meeting.**
Carol motioned to accept minutes and **Scott** seconded**. All approved.**

IV. **FINANCIAL REPORTS**:
There was a short review of September 2024 Financials.
Dave motioned to accept and **Jim** seconded. **All approved.**

September Financials Balance Sheet:

Balance Sheet	Total Funds
Sept 2024	
Petty Cash	$50.00
Checking	$8,067.14
Prudent Reserve	$15,653.87
Jamboree Account	$4,000.00
Total Funds	$27,771.01
YTD- Sept 2024	
Contributions	$16,155.32
Jamboree	$9,968.52
Refund	$340.40
Gross Sales	$10,309.28
Total	$36,823.52
YTD Expenses	$30,093.60
YTD Net Income	9.89

Profit & Loss		
Sept 2024		
Contributions	$231.66	Group & Individual
Gross Sales	$188.43	COGS ($1167.75-$979.32)
Gross Profit	$470.09	
Total Expenses	$2440.43	
Sept Net income	-$1,970.34	

V. **SERVICE AREAS: Assignments for incoming Trustees**
- **12th Step**: -**Dave W**.-nothing new to report
- **Archives: Paul M.-**nothing new to report.
- **Bilingual: Jennifer N.** said that **Grupo Nueva Esperanza** is looking for place to meet, they do not want to merge into **Grupo Serenidad** where they moved to while their building has no electricity.
- **Social: Jennifer N.** said the Committee is meeting. They have food and drink donations. They have bought decorations. She would like about 50 more tickets printed for sale. They have 3 online baskets for raffle valued at over $400 dollars and several other baskets for raffle at the event worth $60 or more. They have goodie bags for the **Public Information/Cooperation with Professional Community: Carol D.** said the Rita had called her with an idea from the Office Manager Conference of putting Grapevines in the yard libraries around town. The Grapevines would have a sticker with CBIA phone number and website. Carol says there is an app that lets people know where these yard libraries are located to be able to distribute in the future.

- kids as well as 3 costume contests for them. There will be cake walks and door prizes and Adult costume prizes as well.
- **Coastal Bender: Jim S** said he would have a story by the end of the month for the November Bender.
- **Corrections/Treatment Facilities: Scott M** said that he was cleared by Dan G.(District 8D) to go to meetings at the jail and anyone that is interested can contact Dan G. He also said that Cenikor has people taking meetings in on Monday and Tuesday if anyone is interested in going.
- **Jamboree: Paul M.** was not able to attend but **Rita** attended. The committee has the flyer out and will have the registration flyer ready by the end of October. Eventzilla for online registration is being worked on. They voted on a Voice for the event and will contacting them to see if they will accept.
- **Public Information/Cooperation with Professional Community: Carol D.** said the District PICPC committee does not have a leader right now, they are not meeting at this time.
- **Nominations:** Don, Terry and Rita have 3 people that will run for 2025-2026. **Jimmy C., Carolyn C., Billy E., and possibly Mike T.** Mike would like a bit more information to make an informed decision. If not him we have a couple of other people to ask.

V1. OFFICE REPORT:

A. Office Update – Terry and Rita will not be available on Dec 9th for December monthly board meeting. After a vote amongst the Trustees, it was decided to do the December meeting on December 2nd. Rita also stated that although donations were very low in September, October is already doing well. She will order the Plain Language Big Book in November when it becomes available.

VII. OLD BUSINESS:

VIII . NEW BUSINESS:

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting Monday **Nov 11th 2024** at 6:00 PM on Zoom.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **Oct 28th, 2024 on Zoom**.

X. CLOSING: Our Father.

- **Dave** moved to adjourn.
- **Carol** seconded. Motion carried.
- **Don** closed the meeting with prayer at **6:43 PM.**

Respectfully submitted,

Rita Standish

Office Manager

Minutes

Coastal Bend Intergroup Quarterly Association Meeting

October 28th 2024

I. OPENING:

- **Don** opened the meeting with a moment of silence followed by the **Serenity Prayer at 6:02pm**
- **Jim** read the **CBIA MISSION STATEMENT**.
- **Carol** read the **GENERAL WARRANTIES**
- **Butch** read the **12 TRADITIONS**.

II. ATTENDANCE: Don K. (Chair), Paul M. (Vice Chair), Scott M. not present (Financial), Jennifer N. (Trustee), Carol D (Trustee), Dave W. (Trustee) not present, Jim S. (Trustee), Terry M (Assist Office Mgr.), Rita S. (Office Manager)

- **Others in attendance: Tahtianna DCM District 7, Craig D., District 7, Butch R., Weber Nooners, James M., Nueces Bay Group, Lois H., New Women's Group, Ronnie P., New Attitude Group**

III. MINUTES and Financials:

- **Don** read the *previously-approved* **Minutes of the last Quarterly Meeting** *(July 29th).*
  Rita read the **Minutes of the last Board of Trustees Meeting** *(Oct 14th).*
  Paul motioned to approve.
  Jim seconded, all approved.

IV– September Financial Report was read and approved in the minutes.

September Financials Balance Sheet:

Balance Sheet	Total Funds	Profit & Loss		
Sept 2024		Sept 2024		
Petty Cash	$50.00	Contributions	$231.66	Group & Individual
Checking	$8,067.14	Gross Sales	$188.43	COGS ($1167.75-$979.32)
Prudent Reserve	$15,653.87			
Jamboree Account	$4,000.00			
Total Funds	$27,771.01	Gross Profit	$470.09	
		Total Expenses	$2440.43	
YTD- Sept 2024		Sept Net income	-$1,970.34	
Contributions	$16,155.32			
Jamboree	$9,968.52			
Refund	$340.40			
Gross Sales	$10,309.28			
Total	$36,823.52			
YTD Expenses	$30,093.60			
YTD Net Income	9.89			

V. TRUSTEE ELECTION: **Don** announced that **Carolyn C. (Weber Nooners)** was a candidate for Trustee but could not attend the meeting for personal reasons that evening. He then asked candidates **Brian R. (Hilltoppers)** and **Jimmy C. (New Phoenix)** to introduce themselves. **Billy E. (Weber Nooners)** came in the meeting late and introduced himself also. **Don** asked to have all 4 candidates elected by acclamation. **Jim** made a motion to vote in all 4 by acclamation and **Paul** seconded
All approved but 1, **Butch** opposed, stated that the Trustee handbook says to avoid having more than 1 person per group on the Board and there would be 3 people from his home group and does not like promoting the idea of it be stacked or give the impression that the board is being run by Weber Nooners. **Don and Rita** both mentioned that finding people to serve had been challenging

and that many were asked and Don visited groups around the area to find others to serve. **Don** asked hearing the minority opinion did anyone want to change their vote? No one changed their vote, majority ruled, all 4 candidates were approved. Butch wished all the winners congratulations!

- The 4 Trustees will start their two-year term in January 2025.

VI. COMMITTEE REPORTS

- **12th Step: Dave W.** *(Rockport)* **not present**
- **Archives: Paul M.** *(New Phoenix Group)* **nothing to report**
- **Jamboree: Paul M.** (*New Phoenix Group:* **Nothing new since last meeting, next meeting Nov.**
- **Bilingual: Jennifer N.** *(Hilltoppers Group)* **Will get us the flyer to 25th Asamblea in Austin, TX on Nov 8th-10th.**
- **Social: Jennifer N.** *(Hilltoppers Group)* **The Halloween party was fun and a success. With the raffles and tickets and donation, the event brought in enough to pay bills and DJ. The committee will meet soon to agree on amount for donating to CBIA and having enough prudent reserve for New's Year eve dance. Most likely the donation will be around $1200.**
- **Corrections: Scott M.** *(Hilltoppers Group)* **not present**
- **PI/CPC: Carol D.** *(Happy Hour Group)* **nothing new to report, still no chairperson for District's committee.**
- **Coastal BENDER: Jim S. (***Weber Road Nooners)* **Still working on trying to get a story for the November Bender.**
- ***Tahtianna had questions for Jennifer about Area 68 District 24 (Hispanic), would like more information. Jennifer gave her number to her and will get the numbers for the 2 people in the area that Tahtianna can contact for more information. Tahtianna also said she has the flyers for the Asamblea and that she will send to the office. Rita also stated that donations were over $2500 in October and gave a shout out to all the Victoria groups for being constant contributors!***

VII. Old Business:

- **None**

VIII. New Business:

- **None**

IX. NEXT MEETINGS:

- **Board of Trustees Meeting: Monday**, **November 11th** at **6:00 PM** on Zoom.
- **Quarterly Association Meeting: Monday, January 27th, 2025** at **6:00PM** on Zoom.

X. CLOSING

Jim made a motion to close.
Butch seconded and **all** approved.
Don closed with **Lord's Prayer** at **6:40 pm**

Respectfully submitted,
Rita Standish
Office Manager



Speaker Meeting Updates

Alanos Group 1635 18th Street- "Friday" Night Speaker Meeting at 8PM
Doors open at 7:30pm for fellowship.
Dec 6th - *Birthday Night*
Dec 13th –Patty A. *(New Women's Group)*
Dec 20th –Shasha H. *(Turning Point Group)*
Dec 27th –Rocky M. *(Teton Valley Group)* Driggs, Idaho

New Phoenix Speaker Meetings on "Saturday" at 8PM
Dec 7th - *Birthday Night*
Dec 14th – TBD
Dec 21st –TBD
Dec 28th – TBD

AA Meetings on Zoom

Group Name	Zoom ID #	Zoom Password	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Friday Night Speaker Meeting (CC)	434 708 8936	867742					Last Friday Only S 8:00 PM		
New Attitude Group (CC) *Hybrid Meetings*	451 546 1004	HP2016	ODN 6:00 PM		ODN 6:00 PM		ODN 6:00 PM		
New Phoenix Group (CC) *Hybrid Meetings*	886 9994 6374	336965	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 7:00 AM	OLS 7:00 AM
New Women's Group (CC)	580 495 1776	NWGroup	WOD 7:00 PM					WOD 3:00 PM	
Turning Point Group (CC)	677 587 2132	sober			OLS 6:30 PM			OD 6:30 PM	
Weber Nooners' Group (CC)	295 538 7558	475272	OD Noon	OD Noon	OD Noon	OD Noon	OBB Noon	OD Noon	OD Noon
Clean & Serene Group (CC)	677 587 2132	sober					GLBT/OD 7:30 PM		
Rockport Happy Hour Group	817 4546 8941	0164		CD 5:30 PM		CD 5:30 PM			
Victoria Back to Basics	662 621 1099	218223	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM		OD 7:00 PM	OD 7:00 PM	OD 7:00 PM

CBIA Appreciates Ongoing Support



Group Contributions : CBIA would like to express their gratitude to the AA Groups that support us all during the year, it is our second biggest source of revenue. Some groups have asked how to make distributions. The pamphlet where Money and Spiritually Mix is good to review before your group conscience decides. Here are some examples from the pamphlet:

Samples of Group Contributions to A.A. Service Entities



___% to district
___% to area committee
___% to GSB
___% to intergroup or central office
___% other A.A. service entities
___% other A.A. service entities

OR



10% to district
10% to area committee
30% to GSB
50% to intergroup or central office

OR

If you have no intergroup/central office:



40% to district
30% to area
30% to GSB

We are grateful that individual members of our community have made Individual contributions to Coastal Bend Intergroup. One way is to donate on the **Birthday Club** list by just sending in a donation or drop it by the office. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support through **2024**.

Where Are We Now?	**Actual thru Nov 2024**
Contributions &Jamboree	**$30,440.68**
Gross Sales	**$12,131.52**
Refund	**$340.40**
Cost of Goods Sold	**($7,999.52)**
Gross Gain	**$34,688.08**
Total Expenses	**$35,372.22**
Other Income	**$11.75**
Net Gain	**$-672.39**



2024 CBIA Birthday Club

The Birthday Plan is for members who wish to contribute to CBIA on their A.A. birthday. $1 per year is suggested for each year of sobriety, but members may contribute as little or as much as they wish up to $5,000. Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org) or by Venmo to CoastalBend-Intergroup. (For anonymity, it is recommended that Venmo settings make the transaction private.) or donate by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender

YEARS

NAME	HOME GROUP	SINCE	IN 2023
Nancy G.	CC-Turning Point Group	01/01/1983	**41 Years**
Gail B.	Victoria-Golden Slippers	01/01/2011	**13 Years**
Terry K.	CC-Sunset 7	01/01/2000	**24 Years**
Sheila S.	CC-New Phoenix	01/07/2007	**17 Years**
Charlie B.	Victoria-Golden Slippers	01/09/2006	**18 Years**
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	**42 Years**
Sandra E.	CC-Weber Road Nooners	01/20/2011	**13 Years**
Pat L.	CC-Hilltoppers Group	01/20/2001	**23 Years**
Rae T.	CC-Happy Hour Group	01/23/2006	**18 Years**
Tom G.	CC-Turning Point Group	01/26/1984	**40 Years**
Ernest J.	CC-Flour Bluff Unity Group	02/15/ 2004	**20 Years**
Rob M.	CC-Turning Point Group (Zoom)	02/24/1985	**39 Years**
Mike B.	CC-New Phoenix	03/05/2014	**10 Years**
Janeen H.	CC-Turning Point Group	03/08/2017	**7 Years**
Chris N.	CC-Oso Group	03/09/2009	**15 Years**
Rita S.	CC-Oso Group	03/13/1977	**47 Years**
Mary C.	CC-Turning Point Group	03/22/1992	**32 Years**
Bruce R.	CC-New Phoenix Group	03/27/1985	**39 Years**
Enrique M.	CC-Weber Road Nooners	03/30/2016	**8 Years**
Phyllis H.	Rockport Fellowship Group	04/01/2004	**20 Years**
Marlive F.	Corpus Christi	04/08/1987	**37 Years**
Lisa D.	Austin, TX (18th St)	04/21/1987	**37 Years**
Kelly K.	Corpus Christi	04/18/1986	**38 Years**
Fred C.	Corpus Christi, TX	05/13/1987	**37 Years**
Carol D.	CC-Happy Hour Group	05/24/2016	**8 Years**
Mary H.	CC-Happy Hour Group	05/24/1995	**29 Years**
Jackie C.	Pleasanton, TX	06/05/2014	**10 Years**
Gary L.	CC-New Phoenix Group	6/07/2009	**15 Years**
James M.	Nueces Bay Group	06/13/1993	**31 Years**

2024 CBIA Birthday Club *(Continued)*

NAME	HOME GROUP	SINCE	YEARS IN 2024
Terry M.	Nueces Bay Group	06/18/1992	**32 Years**
Marie A.	CC-Alanos Group	06/21/1991	**33 Years**
Robin P.	CC-Hilltoppers Group	06/22/1986	**38 Years**
Bill Drews	Rockport-Happy Hour	07/16/1981	**43 Years**
Libby A.	CC-New Women's Group	07/12/1987	**37 Years**
Tammy B.	CC-Weber Road Nooners	08/11/1989	**35 Years**
April K.	Corpus Christi, TX	08/20/1984	**40 Years**
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	**22 Years**
Pat E.	CC-New Women's Group	08/23/1987	**37 Years**
Butch R.	CC Weber Road Nooners	08/26/2006	**18 Years**
Mike Q.	CC- Weber Road Nooners	08/28/2000	**24 Years**
Fred B.	Aransas Pass Group	09/01/2002	**22 Years**
Hank S.	CC-Cullen Mall Group	09/07/1993	**31 Years**
Barb C-S	CC-New Women's Group	09/09/1985	**39 Years**
Valerie B.	CC-New Phoenix Group	09/13/2017	**7 Years**
Heather D.	CC-Weber Road Nooners	09/23/2009	**15 Years**
Dave D.	Rockport Fellowship	10/04/1985	**39 Years**
Brandelyn M.	CC-New Phoenix Group	10/09/2009	**15 Years**
Patrick R.	CC-New Phoenix Group	10/09/2009	**15 Years**
Harold B.	CC-Weber Road Nooners	10/18/2007	**17 Years**
Arthur A.	Canada	10/19/1998	**26 Years**
Tim R.	CC-New Phoenix Group	10/21/2011	**13 Years**
Betsy H.	CC-New Women's Group	10/22/2010	**11 Years**
Kruger D.	CC-New Phoenix Group	10/23/2009	**15 Years**
Eddie M.	CC-Weber Road Nooners	10/28/2005	**19 Years**
Debbie B.	CC-Weber Road Nooners	10/31/2000	**24 Years**
Margaret P.	**CC-Hilltoppers Group**	**11/06/2006**	**18 Years**
Loralei D.	**CC-New Women's Group**	**11/06/1984**	**40 Years**
Joanie J.	**San Antonio, TX**	**11/28/2015**	**9 Years**
Larry H.	Rockport Fellowship	12/04/1990	**34 Years**
Jimmy M.	Port Lavaca Group	12/14/1987	**38 Years**
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	**44 Years**
Tony P.	CC-Hilltoppers Group	12/23/1978	**46 Years**
Ron S.	China, TX	12/24/2009	**15 Years**
John K.	CC-Cullen Mall Group	12/25/1995	**29 Years**
Lois H.	CC-New Women's Group	12/29/2007	**16 Years**

Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of $1 per year of sobriety or a minimum of $5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org), by Venmo to CoastalBend-Intergroup *(For anonymity, it's recommended that Venmo settings make the transaction private.)* or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name	Home Group	Departed
Richard F.	**Portland Noon Meeting**	**01/24/2024**
Gill S.	**(Former Hilltoppers)**	**03/24/2024**
Nancy G.	**Turning Point Group**	**05/21/2024**
Tom G.	**Turning Point Group**	**05/21/2024**
Gale S.	**(Former New Phoenix Group)**	**06/01/2024**
Nancy D.	**Humility Group**	**06/23/2024**
"Bama" John B.	**New Phoenix Group**	**08/13/2024**
Bill C.	**(Former Weber Nooners)**	**09/24/2024**

Have you heard it through the Grapevine yet?

AA Grapevine has gone social! It has its own podcast! Each week, longtime AA members Don and Sam interview different members about their experience, strength and hope. The half-hour podcast is a casual "meeting after the meeting" with jokes, fun and the typical AA banter. Listening to a few episodes, it's a reminder that alcoholics are not a glum lot.

New episodes are available in English each Monday at 9:00am EST. The hosts interview their guests on getting sober, service, Steps, sponsorship and more. To listen to new or past episodes, visit www.aagrapevine.org/podcast (or wherever you get podcasts). By going to the website, members are able to email, call or leave voice recordings with comments, suggestions, jokes or recovery related questions for the Ask-It-Basket. Our Tradition of anonymity will be respected with all submissions on the show.



Attention:
The 4 new Trustees that were elected for 2025-2026 years are Brian R. ***(Hilltoppers Group),*** **Billy E.** ***(Weber Nooners Group),*** **Jimmy C.** ***(New Phoenix Group),*** **Carolyn C.** ***(Weber Road Nooners Group)*** ***Congratulations!***

Helpline Help Needed!
More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup calls overnight (5 PM to 7:45 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 7:45 AM Monday). **This is a once-per-month commitment**. A minimum of nine months sobriety is required to answer calls after office hours. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

Calls taken during the month of October by volunteers:
38 - Calls for meeting information
6 - Twelve Step Calls
8 - Office Referral/Other Calls

12 Step List
If a caller needs help beyond meeting information, the helpline volunteer passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. If interested please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted For the Coastal BENDER- Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Treatment and Facilities Committee meets the **2nd Saturday** of each month at the New Phoenix Group at 5433 S. Staples Ste H, in Corpus Christi, TX at **2pm**. Everyone is welcome, including newcomers. You might find that you would like to be of service, and you will find it very informative even if you don't commit.

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held on Monday, **Dec 2, 2024** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held on Monday, **Jan 27, 2025** at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group

Group Conscience: 1st Sunday of each month at 1:15 PM
Birthday Night: 1st Saturday of each month at 8:00 PM followed by a **dance**
Location: 5433 S. Staples, Suite F in the Boardwalk Shopping Center; Park in back lot behind shopping center off Bonner St.

Hilltoppers Group

Group Conscience: 1st Tuesday of each month following the noon meeting
Location: First United Methodist Church @ 900 S Shoreline Dr, Room 210

Weber Road Nooners Group

Group Conscience: 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00 AM meeting
Birthdays: 1st Monday of each month at noon
Location: Travis Baptist Church @ 5802 Weber Road at Schanen; Park in lot behind church; meeting upstairs.

Calallen Group

Group Conscience: 3rd Wednesday of each month following the 6:30 PM meeting.
Birthday Night: 1st Saturday of each month with a **potluck supper** at 6:30 PM & the **birthday meeting** at 8:00 PM
Location: The Pass it on Club @ 11425 Leopard St

Flour Bluff Unity Group

Group Conscience: 2nd Sunday of each month at 12:00 noon
Birthday Night: 1st Saturday of each month with a **potluck supper** at 7:00 PM & the **birthday meeting** at 8:00 PM
Location: The Anchor Club @ 320 Anchor St

Contributions

GROUP NAME	Nov 2024	YTD 2024
Alice Recovery Crew		
Anonymous/Individual Contribution	**72.00**	**7,916.00**
CC-5th Tradition Group		**55.00**
Aransas Pass Group		**678.83**
CC - A Day Of AA In CC		**100.00**
CC - Alanos Group		**200.00**
CC - Bookmarks Group		**150.00**
CC - Broken Chains		**5.00**
CC - Calallen Group		
CC - Cullen Mall Group		**400.00**
CC-Day of AA		
CC - Flour Bluff Unity Group		**1,131.80**
CC - Happy Hour Group		
CC - Hilltoppers Group		
CC - Humility Group		
CC - Lucky Ones Group		
CC - New Attitude Group		**306.02**
CC - New Life Group	**50.00**	**550.00**
CC - New Phoenix Group		**387.50**
CC - New Women's Group		**763.06**
CC - Oso Group		**400.00**
CC - Sunset 7 Group (N Padre Island)		**434.87**
CC - Weber Road Nooners Group		**1,101.50**
CC - Turning Point Face to Face Meeting		**50.00**
District 7		
Cuero Burning Desire Group		
Goliad Open Arms Group		**152.26**
Hallettsville Group		**80.00**
Karnes City Mayfield Group		
Kingsville AL-K Group		**9.00**
Moulton Group		
Mathis Crossroads Group		**100.00**
Port Aransas Group		
Port Lavaca Group		
Port O'Connor Group		**86.00**
Portland Noon Group		**120.00**
Portland Nueces Bay Group	**10.00**	**100.00**
Riviera SASTO Group		
Rockport Happy Hour Group		**400.00**
Rockport Fellowship Group		**1700.00**
Schulenburg Group		
Skidmore Group		
George West Hardcore Group		**20.00**
Three Rivers Choke Canyon Group		
Victoria Back to Basics Group		**293.41**
Victoria For Sinners Only Group		**175.00**
Victoria Golden Slippers Group		**247.50**
Victoria High Nooners Group	**200.00**	**400.00**
Victoria-Main Stream Group		**150.00**
Victoria-Unity Group		**81.22**
Victoria-Women's Group		**30.00**
Yorktown Group		**204.00**
Woodsboro Group		**33.19**
TOTAL	**332.00**	**$19,083.16**

Coastal Bend Intergroup Association Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to…

- Establish a 24-hour helpline;
- Maintain & print meeting schedules;
- Maintain a 12-Step list whereby AA groups and individuals are able to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office open Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the telephone directory and on the internet.
5. Provides a 24-hour volunteer helpline during hours when the office is closed.
6. Maintains & publishes current meeting schedules in the Coastal Bend Area.
7. Publishes a monthly newsletter, the "Coastal BENDER," to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells conference-approved literature and non-conference-approved anniversary medallions & sobriety chips.
9. Conducts monthly Board of Trustees meetings.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs. All members of Alcoholics Anonymous are welcome at these meetings since group input is essential.
11. Maintains a current website, **cbiaa.org.**
12. Maintains service committees for service work in the Coastal Bend Area.

Detach here.

Free e-Mail Subscription to the BENDER

NAME: _____

EMAIL: _____

Two easy ways to sign up for our monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

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