THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiaa.org



District 7 Service Fair
August 3, 2024 at 10:30am
102 Live Oak St
Grace Episcopal Church, Cuero, TX 77954

Sponsorship Workshop
August 31st 1:30 pm -4:00 pm
Bring a dish, Potluck Lunch with Speakers
Pass it On Club at 11425 Leopard St Corpus Christi, TX 78410

CBIA Hours

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA OFFICE HOURS *(except on Holidays).* We will continue to work 30-hour weeks during 2024 to keep costs down.

Monday-Friday
8:30am–11:30am and 2:00pm–5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time.

CBIA HOLIDAYS

January	**New Year's Day**	**September**	**Labor Day**
May	**Memorial Day**	**November**	**Thanksgiving- 2 days**
July	**Independence Day**	**December**	**Christmas Day**



My name is Rich, and I'm an Alcoholic.

I came into AA first through another fellowship for my drug addiction. Even though I knew I was a drug addict, I avoided going to meetings because I heard they wouldn't let you drink. Giving up both drugs and booze was not something I was willing to do, until in December 1993 my addiction was so desperate that I called a hotline and committed to going to my first 12 step meeting.

I was told that if I kept drinking and using, there were only three things that would happen to me: (1) I would die of an overdose. (2) I would end up in jail, and (3) I would wind up in an institution with no brains. When I heard that, I broke down crying and I went to my first meeting the very next day. When I was told I could not drink, I was willing to take that advice, for at least the first few days. Although, in my mind, I was only a drug addict, not an alcoholic!

One of the things that surprised me at my first meeting is that people were laughing and having a good time. I thought that going to a meeting was a desperate depressing place for losers. It was that laughter and knowing that these people had overcome their addictions that gave me hope. When I surrendered at my first 12 step meeting, I was willing to go to any length to stay sober. For the first time, I asked for help and was willing to take advice.

I confess to having a lazy streak. At first, I thought I would just go to meetings and not bother with the steps. But by the grace of God, I realized that the individuals who had what I wanted were all working the steps. I decided to take directions. I got a sponsor. I started working the steps with my sponsor. By honestly working the steps, I soon learned I truly am an alcoholic.

In my first 90 days of sobriety my cravings were so intense I didn't trust myself to stay sober on my own. I went to two meetings every day. A 5:30 am meeting and an evening meeting. That kept me safe before and after work. I took commitments at every meeting I could. I didn't feel safe alone so, I relied on my new AA friends to help me by using the phone and hanging out with me during my vulnerable times.

By working the twelve steps I learned that I was selfish and self-centered. I learned how to deal with my resentments. I learned to pray for others. I learned to be of service.

When I came into AA at 38 years old, I had a ton of credit card debt, I owed

the IRS $15,000 in back taxes and I was living at home with my parents. My car was a wreck, and I had no money in savings.

Thanks to the Big Book of Alcoholics anonymous, my sober friends in AA, and the by grace of God, my life is totally different today. I was able to re-boot my career, and then, with 30 years of sobriety I was able to retire from my corporate job and enjoy the many gifts of sobriety including my wife of 22 years and a second career as a professional magician. I live a fun life. I'm doing the things I only used to dream about.

Before AA, I used to think being sober was a condition to avoid at all cost. I've since learned sobriety is my most precious gift an alcoholic can have. I am not cured of alcoholism. What I have is a daily reprieve contingent on my spiritual condition one day at a time.



Minutes

CBIA BOARD OF TRUSTEE MEETING

May 13th, 2024

I. **Don** opened the meeting at **6:02pm** with a **Moment of Silence** followed by **Serenity Prayer**
- **Jim** read **CBIA Mission Statement**
- **Paul** read **General Warranties**
- **Scott** read **12 Traditions**

II. **ATTENDANCE**: Don K. (Chair), Paul M.(Vice Chair), Jim S, Jennifer N., Carol D (not present), Scott M, Dave W (not present)., Rita S. (Office Manager) and Terry M.(Assistant Manager)

III. **MINUTES: Don** read minutes of **Apr 29th Quarterly Board Meeting.** **Jim** motioned to accept. **Scott** seconded. Motion carried.

IV. **FINANCIAL REPORTS**:

The Apr 2024 Financials were emailed, there were no questions or comments.

Apr Financials Balance Sheet:

Balance Sheet	Total Funds	Profit & Loss		
Apr 2024		Apr 2024		
Petty Cash	$50.00	Contributions	$1,770.79	Group & Individual
Checking	$14,888.30	Gross Sales	$270.01	COGS ($863.49-$593.48)
Prudent Reserve	$ 15,646.02			
Jamboree Account	$4,000.00			
Total Funds	$34,584.32	Gross Profit	$2,040.80	
		Total Expenses	$3,762.62	
YTD- Apr 2024		Apr Net income	-$1721.82	
Contributions	$10,280.23			
Jamboree	$9,968.52			
Refund	$144.63			
Gross Sales	$3,900.39			
Total	$24,293.77			
YTD Expenses	$14,328.10			
YTD Net Income	$7,689.61			

Scott motioned to accept. **Paul** seconded. Motion carried.

V. **SERVICE AREAS: Assignments for incoming Trustees**
- **12th Step**: -**Dave W**. (not present)
- **Archives: Paul M.** nothing new to report**.**
- **Bilingual: Jennifer N.** stated she had not gotten a copy of the TX Hispanic Assembla flier to bring to the office, she will continue to try to get a copy.
- **Social: Jennifer N.** stated the Founder's Day Committee is asking groups to donate food. Carolyn and Rosa are in charge of getting a speaker and music for the event. They will meet this Thursday and every other Thursday until the event.
- **Coastal Bender: Jim S.** stated he will have another story for the June bender.

- **Corrections/Treatment Facilities: Scott M.** nothing new to report.
- **Jamboree: Don K.** nothing new to report Committee still on hiatus.
- **Public Information/Cooperation with Professional Community: Carol D.** (not present)
- **Nominations:** no report/committee will form in August, keep thinking of people to ask.

V1. OFFICE REPORT:

A. Office Update -**Rita** stated all is going well and that they purchased plane tickets for Office Manager Conference in August.

VII. OLD BUSINESS: NONE

VIII . NEW BUSINESS: NONE

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting Monday **June 10th 2024** at 6:00 PM on Zoom.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **July 29th, 2024 on Zoom**.

X. CLOSING: Our Father.

- **Jim** moved to adjourn.
- **Paul** seconded. Motion carried.
- **Don** closed the meeting with prayer at **6:25 PM**.

Respectfully submitted,

Rita Standish

Office Manager

Speaker Meeting Updates

Alanos Group 1635 18th Street- Friday Night Speaker Meeting at 8PM

Doors open at 7:30pm for fellowship.

Aug 2nd - ***Birthday Night***
Aug 9th – Paula S. ***(Happy Hour Group CC)***
Aug 16th - Russ ***(Turning Point Group)***
Aug 23rd – Ladera D ***(New Phoenix Group)***
Aug 30th – Mystery Speaker

New Phoenix Speaker Meetings on Saturday at 8PM

Aug 3rd - ***Birthday Night***
Aug 10th – Mystery Speaker
Aug 17th - Mystery Speaker
Aug 24th - Mystery Speaker
Aug 31st – Ana O. ***(New Women's Group)***

AA Meetings on Zoom

Group Name	Zoom ID #	Zoom Password	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Friday Night Speaker Meeting (CC)	434 708 8936	867742					Last Friday Only S 8:00 PM		
New Attitude Group (CC) *Hybrid Meetings*	451 546 1004	HP2016	ODN 6:00 PM		ODN 6:00 PM		ODN 6:00 PM		
New Phoenix Group (CC) *Hybrid Meetings*	886 9994 6374	336965	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 7:00 AM	OLS 7:00 AM
New Women's Group (CC)	580 495 1776	NWGroup	WOD 7:00 PM					WOD 3:00 PM	
Turning Point Group (CC)	677 587 2132	sober			OLS 6:30 PM			OD 6:30 PM	
Weber Nooners' Group (CC)	295 538 7558	475272	OD Noon	OD Noon	OD Noon	OD Noon	OBB Noon	OD Noon	OD Noon
Clean & Serene Group (CC)	677 587 2132	sober					GLBT/OD 7:30 PM		
Rockport Happy Hour Group	817 4546 8941	0164		CD 5:30 PM		CD 5:30 PM			
Victoria Back to Basics	662 621 1099	218223	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM		OD 7:00 PM	OD 7:00 PM	OD 7:00 PM
Victoria Mainstream	698 545 080	003178			OD Noon				

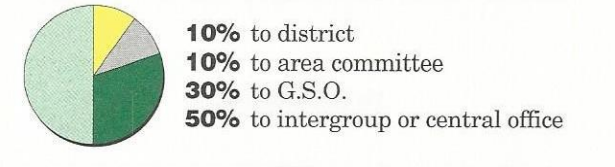


CBIA Appreciates Ongoing Support

Group Contributions

CBIA would like to express their gratitude to the AA Groups that support us all during the year, it is our second biggest source of revenue.

The AA World Service pamphlet, **Self-Support: Where Money and Spirituality Mix, suggests** that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what *(if anything)* it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead *(salaries, office space, etc*.) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.

Individual Contributions

We are grateful that individual members of our community have made contributions to Coastal Bend Intergroup. You can donate on the **Birthday Club** list by just sending in a donation or drop it by the office. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support through **2023**.

Where Are We Now?	**Actual thru July 2024**
Contributions &Jamboree	**$24,345.16**
Gross Sales	**$8,141.78**
Refund	**$144.63**
Cost of Goods Sold	**($5,094.56)**
Gross Gain	**$27,537.01**
Total Expenses	**$24,188.09**
Other Income	**7.80**
Net Gain	**$3,356.72**



2024 CBIA Birthday Club

The Birthday Plan is for members who wish to contribute to CBIA on their A.A. birthday. $1 per year is suggested for each year of sobriety, but members may contribute as little or as much as they wish up to $5,000. Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org) or by Venmo to CoastalBend-Intergroup. (For anonymity, it is recommended that Venmo settings make the transaction private.) or donate by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender

NAME	HOME GROUP	SINCE	YEARS IN 2023
Nancy G.	CC-Turning Point Group	01/01/1983	**41 Years**
Gail B.	Victoria-Golden Slippers	01/01/2011	**13 Years**
Terry K.	CC-Sunset 7	01/01/2000	**24 Years**
Sheila S.	CC-New Phoenix	01/07/2007	**17 Years**
Charlie B.	Victoria-Golden Slippers	01/09/2006	**18 Years**
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	**42 Years**
Sandra E.	CC-Weber Road Nooners	01/20/2011	**13 Years**
Pat L.	CC-Hilltoppers Group	01/20/2001	**23 Years**
Rae T.	CC-Happy Hour Group	01/23/2006	**18 Years**
Tom G.	CC-Turning Point Group	01/26/1984	**40 Years**
Ernest J.	CC-Flour Bluff Unity Group	02/15/ 2004	**20 Years**
Rob M.	CC-Turning Point Group (Zoom)	02/24/1985	**39 Years**
Mike B.	CC-New Phoenix	03/05/2014	**10 Years**
Janeen H.	CC-Turning Point Group	03/08/2017	**7 Years**
Chris N.	CC-Oso Group	03/09/2009	**15 Years**
Rita S.	CC-Oso Group	03/13/1977	**47 Years**
Mary C.	CC-Turning Point Group	03/22/1992	**32 Years**
Bruce R.	CC-New Phoenix Group	03/27/1985	**39 Years**
Enrique M.	CC-Weber Road Nooners	03/30/2016	**8 Years**
Phyllis H.	Rockport Fellowship Group	04/01/2004	**20 Years**
Marlive F.	Corpus Christi	04/08/1987	**37 Years**
Lisa D.	Austin, TX (18th St)	04/21/1987	**37 Years**
Kelly K.	Corpus Christi	04/18/1986	**38 Years**
Fred C.	Corpus Christi, TX	05/13/1987	**37 Years**
Carol D.	CC-Happy Hour Group	05/24/2016	**8 Years**
Mary H.	CC-Happy Hour Group	05/24/1995	**29 Years**
Jackie C.	Pleasanton, TX	06/05/2014	**10 Years**
Gary L.	CC-New Phoenix Group	6/07/2009	**15 Years**
James M.	Nueces Bay Group	06/13/1993	**31 Years**

2024 CBIA Birthday Club *(Continued)*

NAME	HOME GROUP	SINCE	YEARS IN 2024
Terry M.	Nueces Bay Group	06/18/1992	**32 Years**
Marie A.	CC-Alanos Group	06/21/1991	**33 Years**
Robin P.	CC-Hilltoppers Group	06/22/1986	**38 Years**
Bill Drews	Rockport-Happy Hour	07/16/1981	**43 Years**
Libby A.	CC-New Women's Group	07/12/1987	**37 Years**
Tammy B.	**CC-Weber Road Nooners**	**08/11/1989**	**35 Years**
April K.	**Corpus Christi, TX**	**08/20/1984**	**40 Years**
Scott Mc G.	**CC-Hilltoppers Group**	**08/22/2002**	**22 Years**
Pat E.	**CC-New Women's Group**	**08/23/1987**	**37 Years**
Butch R.	**CC Weber Road Nooners**	**08/26/2006**	**18 Years**
Mike Q.	**CC- Weber Road Nooners**	**08/28/2000**	**24 Years**
Fred B.	Aransas Pass Group	09/01/2002	**22 Years**
Hank S.	CC-Cullen Mall Group	09/07/1993	**31 Years**
Barb C-S	CC-New Women's Group	09/09/1985	**39 Years**
Valerie B.	CC-New Phoenix Group	09/13/2017	**7 Years**
Heather D.	CC-Weber Road Nooners	09/23/2009	**15 Years**
Dave D.	Rockport Fellowship	10/04/1985	**39 Years**
Brandelyn M.	CC-New Phoenix Group	10/09/2009	**15 Years**
Patrick R.	CC-New Phoenix Group	10/09/2009	**15 Years**
Harold B.	CC-Weber Road Nooners	10/18/2007	**17 Years**
Arthur A.	CC-Hilltoppers Group	10/19/1998	**26 Years**
Tim R.	CC-New Phoenix Group	10/21/2011	**13 Years**
Betsy H.	CC-New Women's Group	10/22/2010	**14 Years**
Kruger D.	CC-New Phoenix Group	10/23/2009	**15 Years**
Eddie M.	CC-Weber Road Nooners	10/28/2005	**19 Years**
Debbie B.	CC-Weber Road Nooners	10/31/2000	**24 Years**
Margaret P.	CC-Hilltoppers Group	11/06/2006	**18 Years**
Loralei D.	CC-New Women's Group	11/06/1984	**40 Years**
Joanie J.	San Antonio, TX	11/28/2015	**9 Years**
Larry H.	Rockport Fellowship	12/04/1990	**34 Years**
Jimmy M.	Port Lavaca Group	12/14/1987	**38 Years**
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	**44 Years**
Tony P.	CC-Hilltoppers Group	12/23/1978	**46 Years**
Ron S.	China, TX	12/24/2009	**15 Years**
John K.	CC-Cullen Mall Group	12/25/1995	**29 Years**
Lois H.	CC-New Women's Group	12/29/2007	**16 Years**

Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of $1 per year of sobriety or a minimum of $5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org), by Venmo to CoastalBend-Intergroup *(For anonymity, it's recommended that Venmo settings make the transaction private.)* or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name	Home Group	Departed
Hugh P.	**(Arizona) Corpus Christi**	**12/07/2023**
Bill M.	**(Arizona) Hilltoppers**	**12/26/2023**
Richard F.	**Portland Noon Meeting**	**01/24/2024**
Gill S.	**(Former Hilltoppers)**	**03/24/2024**
Gale S.	**(Former New Phoenix Group)**	**06/01/2024**

Have you heard it through the Grapevine yet?

AA Grapevine has gone social! It has its own podcast! Each week, longtime AA members Don and Sam interview different members about their experience, strength and hope. The half-hour podcast is a casual "meeting after the meeting" with jokes, fun and the typical AA banter. Listening to a few episodes, it's a reminder that alcoholics are not a glum lot.

New episodes are available in English each Monday at 9:00am EST. The hosts interview their guests on getting sober, service, Steps, sponsorship and more. To listen to new or past episodes, visit www.aagrapevine.org/podcast (or wherever you get podcasts). By going to the website, members are able to email, call or leave voice recordings with comments, suggestions, jokes or recovery related questions for the Ask-It-Basket. Our Tradition of anonymity will be respected with all submissions on the show.



Treatment and Facilities Committee meets the second Saturday of each month at the New Phoenix Group at 5433 S. Staples Ste H, in Corpus Christi, TX at 2pm. Everyone is welcome, including newcomers. You might find that you would like to be of service but you will find it very informative even if you don't commit.

Helpline Help Needed!

More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup calls overnight (5 PM to 7:45 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 7:45 AM Monday). **This is a once-per-month commitment**. A minimum of nine months sobriety is required to answer calls after office hours. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

12 Step List

If a caller needs help beyond meeting information, the helpline volunteer passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. If interested please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Calls taken during the month of July by volunteers……..

36 - Calls for meeting information
0 - Twelve Step Calls
10 - Office Referral/Other Calls

Local Stories Wanted For the Coastal BENDER- Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held on Monday, **Aug 12, 2024** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held on Monday, **Oct 28, 2024** at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group

Group Conscience: 1st Sunday of each month at 1:15 PM
Birthday Night: 1st Saturday of the month at 8:00 PM followed by a **dance**
Location: 5433 S. Staples, Suite F in the Boardwalk Shopping Center; Park in back lot behind shopping center off Bonner St.

Hilltoppers Group

Group Conscience: 1st Tuesday of each month following the noon meeting
Location: First United Methodist Church @ 900 S Shoreline Dr, Room 210

Weber Road Nooners Group

Group Conscience: 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00 AM meeting
Birthdays: 1st Monday of the month at noon
Location: Travis Baptist Church @ 5802 Weber Road at Schanen; Park in lot behind church; meeting upstairs.

Calallen Group

Group Conscience: 3rd Wednesday of each month following the 6:30 PM meeting.
Birthday Night: 1st Saturday of the month with a **potluck supper** at 6:30 PM & the **birthday meeting** at 8:00 PM
Location: The Pass it on Club @ 11425 Leopard St

Flour Bluff Unity Group

Group Conscience: 2nd Sunday of each month at 12:00 noon **Birthday Night:** 1st Saturday of the month with a p**otluck supper** at 7:00 PM & the **birthday meeting** at 8:00 PM
Location: The Anchor Club @ 320 Anchor St

Contributions

GROUP NAME	July 2024	YTD 2024
Alice Recovery Crew		
Anonymous/Individual Contribution	**180.00**	**7,620.00**
Aransas Pass Group		**678.83**
CC - A Day Of AA In CC	**100.00**	**100.00**
CC - Alanos Group		**200.00**
CC - Bookmarks Group		
CC - Broken Chains		**5.00**
CC - Calallen Group		
CC - Cullen Mall Group		**100.00**
CC-Day of AA		
CC - Flour Bluff Unity Group	**87.00**	**131.80**
CC - Happy Hour Meeting		
CC - Hilltoppers Group		
CC - Humility Group		
CC - Lucky Ones Group		
CC - New Attitude Group		**177.42**
CC - New Life Group	**50.00**	**350.00**
CC - New Phoenix Group		**39.00**
CC - New Women's Group		**594.96**
CC - Oso Group		
CC - Sunset 7 Group (N Padre Island)		**142.51**
CC - Weber Road Nooners Group	**228.00**	**680.50**
CC - Turning Point Face to Face Meeting		
District 7		
Cuero Burning Desire Group		
Goliad Open Arms Group		**70.60**
Hallettsville Group	**40.00**	**80.00**
Karnes City Mayfield Group		
Kingsville AL-K Group		**9.00**
Moulton Group		
Mathis Crossroads Group	**25.00**	**50.00**
Port Aransas Group		
Port Lavaca Group		
Port O'Connor Group		**86.00**
Portland Nueces Bay Group	**10.00**	**60.00**
Riviera SASTO Group		
Rockport Happy Hour Group	**100.00**	**300.00**
Rockport Fellowship Group	**500.00**	**1700.00**
Schulenburg Group		
Skidmore Group		
George West Hardcore Group		
Three Rivers Choke Canyon Group		
Victoria Back to Basics Group		**210.46**
Victoria For Sinners Only Group		**125.00**
Victoria Golden Slippers Group		**247.50**
Victoria High Nooners Group		**200.00**
Victoria-Main Stream Group		**100.00**
Victoria-Unity Group	**13.69**	**50.87**
Victoria-Women's Group	**20.00**	**30.00**
Yorktown Group		**204.00**
Woodsboro Group		**33.19**
TOTAL	**$1,353.69**	**$14,376.64**

Coastal Bend Intergroup Association
Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list whereby AA groups and individuals are able to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office which is open Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00PM.

2. Provides information and referrals for A.A. inquiries.

3. Maintains a 12 Step listing and calls individuals for 12 Step work.

4. Provides an A.A. listing in the Telephone directory.

5. Provides a 24-hour volunteer phone answering during hours when the office is closed.

6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.

7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.

8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.

9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.

10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.

11. Maintains service committees for service work in the Coastal Bend Area.

Detach here.

Free e-Mail Subscription to the BENDER

NAME: _____.

E-MAIL: _____._

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption “ADD TO BENDER DIST.”
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

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