THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiaa.org



My name is Stephanie and I'm an alcoholic, my sobriety date is December 31st , 2013. As early as I can remember I have always felt different. I never really felt comfortable in my own skin, as if I didn't belong. I became addicted to escaping reality in my early teen years. Drinking was a great way for me to avoid having to feel any of the emotions that I was going through. Today I know it wasn't the drinking that was the problem, it has always been my thinking. Drinking helped me be okay with being shy, quiet, and insecure. When under the influence I became someone who was fearless but irresponsible at the same time. I suppose that's why they call it liquid courage. I was a regular Dr. Jekyll and Mr. Hyde.

Once I had the first drink it was impossible to know exactly where or if it would end. After such occasions, I would make all sorts of resolutions to never do it again but those were promises I could never keep. There were times in the earlier days when I could clean up for special occasions or important dates but would always end with an even bigger explosion. Often, I'd stay up all night in a binge and neglect all my parental responsibilities the next day. In retrospect, I can see where God was taking care of me when I couldn't take care of myself. Everyone, including my kids, suffered as a result of my drinking. I had every intention on meeting my responsibilities as a mother, wife, and daughter but I just never had the ability once I put a drink in my body. I promised I would take the girls to school in the morning but time after time I wasn't able to because I was too drunk. Life with or around me was miserable for everyone, they never knew the Stephanie they were going to be with.

This cycle went on for years and this became the only way I knew how to function. One day I was looking in the mirror and couldn't recognize the person I had become. By this time, I had become very secretive about my consumption and would isolate as often as possible. I became a workaholic just so that I could be alone and drink as I pleased. I never wanted anyone to get too close to me out of fear that they would see right through my charade. I was very underweight and began worrying more and more about how I looked. It was getting to be more of a struggle to hide it from friends and family. Little did I know, this was the beginning of the end of my alcoholic life.

The bottom began to take shape with the collapse of my twelve-year relationship and custody battle for my two children. Domestic disputes and car accidents had become the norm. I was fortunate in that I never got any driving offenses even though I drove under the influence all the time. Looking back, I believe this was my higher power extending His grace. Out of all the many car accidents I had been in, getting rear ended at a light was going to prove to be the turning point I needed. It was from this accident that I was referred to Alcoholics Anonymous.

It took me another six months to hit another bottom hard enough that I finally decided to inquire about a meeting. One day I called the Coastal Bend Intergroup and they gave me the directions to Oso, which became my first home group. My first meeting was on a Tuesday night, I can remember being so scared to walk in but I did anyway. It was a first step meeting. As other people were sharing their stories, I had the sense that they all knew me personally. I felt very paranoid, almost like they had been watching me. I came to find out that they were speaking about themselves, it only sounded like my life because I was one of them. I wish I could say that I became a one chip wonder and never drank again, but I did not. A week or so later I chose to go back out and do some more research. I like to call this period my attempt at controlled drinking. In and out from April to December with a sponsor, I would not recommend this. I'm so grateful to my homegroup members for always telling me to keep coming back. By December I'd finally surrendered for the last time.

I owe my life to Alcoholics Anonymous and am grateful to its members, I finally feel like I found my herd. My sponsor and I would meet weekly at her home where she took me through the steps outlined in the Big Book Alcoholics Anonymous. It was suggested I go to meetings and do service work. Doing service work and having commitments in my home group helped me be accountable and feel a part of. She always told me to suit up and show up, I could never do this when I was drinking. I learned to be a productive member in AA as well as in society. I learned to be employable and responsible at my job, something I couldn't do before. I'm a full-time participant in my life today and in the lives of those around me.

Although life has become a blessing rather than a curse, I still must deal with the consequences of my drinking. Not everyone in my life has forgiven me but I'm hopeful and continue to do the best I can. I continue to make living amends to my family today and try to always do the next right thing. At eight years of sobriety, I'm still living one day at a time. Sometimes it's one moment at a time. I enjoy working with other women as my sponsor did with me and having the most meaningful relationships I've ever had with other members of our fellowship. Just like Bill did with Bob, this has helped me Through the darker parts of my sobriety. I have a partner in AA, and we have a beautiful daughter that has never seen either of us drunk. I know one thing for certain, if I were to pick up a drink today, I would start up right where I left off. I am and always will be an alcoholic. I truly believe we are the lucky ones, and for that reason I'll keep coming back. I've never had it so good, regardless of what my mind tells me.

May God bless us all, one day at a time.

CBIA Hours

Reminder***The office will be closed on December 26th and January 2nd for Christmas and New Year's.

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA OFFICE HOURS *(except on Holidays).* We will continue to work 30-hour weeks during 2022 to keep costs down.

Monday-Friday
8:30am–11:30am and 2:00pm–5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time. (***Face masks are required if you are coming in the building, this is the landlord's decision because it is private property).***

CBIA HOLIDAYS

January	**New Year's Day**	**September**	**Labor Day**
May	**Memorial Day**	**November**	**Thanksgiving- 2 days**
July	**Independence Day**	**December**	**Christmas Day**



Minutes

CBIA BOARD OF TRUSTEE MEETING

Oct 10th, 2022

I. **Amy opened the meeting at** 6:01PM with **Moment of Silence** followed by **Serenity Prayer**
- **Parth** read **CBIA Mission Statement**
- **Blake** read **General Warranties**
- **Ronnie** Read **12 Traditions**

II. **ATTENDANCE**: Amy(Chair), Michael B.(Vice Chair), Partth, ,Patrick R., Blake, Jim L., Ronnie B., Rita S. (Office Manager)**,** Terry M. (Assistant Office Manager)

III. **MINUTES:** **Amy** read Minutes of **Sept 12th** Board Meeting.
Blake motioned to accept minutes as corrected. **Ronnie** seconded**. All approved.**

IV. **FINANCIAL REPORTS**: **Michael**, *(Financial Trustee) r*ead **Sept 2022** Financials
Balance Sheet:
Total CBIA funds as of **Sept. 30th** totaled **$28,585.65** Petty Cash**: $50.00**, Checking: **$9,859.14,** Jamboree, **$3041.25,** CBIA Social Events: **$0.00,** Prudent Reserve: **$15,623.26.**
Profit & Loss for the month of **September:** Group & Individual Contributions: **$842.65**
Gross Sales *(Books, Chips & Medallions)* **$539.60, (***less Cost of Goods Sold **$346.13**)*,
Jamboree income **$0.0,** Gross Gain for the month was **$1,036.12**
Total Expenses were **$3,367.95.** Net Income for month of September **-$2,331.83**
Fiscal Year to Date 2022: Group & Individual Contributions Sales **$12,657.78**
Jamboree Contributions **$13,000.53** Fundraisers **$2,067.00,** Gross *(Books, Chips & Medallions):* **$6,951.11 (***less Cost of Goods Sold)* **$4,797.30**, Gross Total expenses year to date: $**28,718.99** Net Gain for the year to date: **$ 1,163.08**
Blake motioned to accept.
Ronnie seconded. **All approved.**

V. **SERVICE AREAS:**
- **12th Step**: **Parth**-nothing to report
- **Archives: Amy-**reported she reached out to GSO for information about our area and she received information on the traveler from Memphis who put an ad in the local paper, John answered the ad and the 1st AA meeting in Corpus was started. She asked if she could get a copy of the letter sent to GSO and is waiting to hear.
- **Bilingual: Amy** said that Jennifer is still getting the word out to the Spanish meetings, nothing new.
- **Coastal Bender: James L.** said he sent the story from Brenda from New Phoenix for the November Coastal Bender to the office today.
- **Corrections/Treatment Facilities: Ronnie B.** -nothing new to report
- **Jamboree: Patrick R**. -All speakers except Alanon have been selected. The Spanish meeting will have a lady from Mexico City, and there will be translation equipment provided by Area.
- **Nominations: Parth** stated he did not have anyone from his area to serve as Trustee. **Blake** said he asked several but had not gotten anyone. **Amy** asked Jennifer N., she said she would. There was more discussion about possible other candidates that would **be** asked. Deadline 10/19/2022 to be vetted for Oct 24th Quarterly meeting elections.
- **Public Information/Cooperation with Professional Community: Ronnie B-**nothing new to report.
- **Social: Blake** said that they met for the planning of the Halloween dance and all was going well. He asked about a tablet to take credit cards during the event. Michael said we might be able to use the Jamboree tablet. Rita will get with Michael about that.

V1. **OFFICE REPORT:**
Rita reported it was a slow September for donations and sales. All is going well.

VII. OLD BUSINESS: None.

VIII . NEW BUSINESS: None.

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting Monday **Nov 14th 2022 at 6:00 PM on Zoom**.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **Oct. 24th, 2022 on Zoom.**

X. CLOSING: **Amy** asked for motion to close the meeting.

- **Ronnie** moved to adjourn.
- **Parth** seconded. Motion carried
- **Amy** asked **Terry** to close the meeting with prayer at **7:04 PM**.

Respectfully submitted,

Rita Standish

Office Manager





Minutes
Coastal Bend Intergroup Quarterly Association Meeting
Oct 24, 2022

I. OPENING:

- **Amy** opened the meeting with moment of silence followed by the **Serenity Prayer at 6:01pm**
- **Parth** read the **CBIA MISSION STATEMENT**.
- **Ronnie** read the **GENERAL WARRANTIES**
- **Blake** read the **12 TRADITIONS**.

II. ATTENDANCE:

- Amy (Chair), Michael, (Vice Chair), Patrick R., Blake B., Ronnie B., Parth S, Jim L., Rita (Office Manager) Terry M, (Assistant Office Manager), Teri H. (GSR New Women's Group) Paul M, (New Attitude), Scott M, (Hilltoppers), Scott E., (Weber), and Jennifer N., (Hilltoppers)

III. MINUTES:

- **Amy** read the *approved* **Minutes of the last Quarterly Meeting** *(July 25th 2022).*
- **Amy** read and asked for motion to approve **Minutes of the Oct 10th Board Meeting**
  Ronnie made motion to approve as corrected. **Jim** seconded. **All approved**.

IV. FINANCIALS

- **Michael** *(Financial Trustee)* reread the Oct financials as printed in the Minutes and asked if there are any questions.

Balance Sheet:
Total CBIA funds as of **Sept 30th** totaled **$34,676.42** Petty Cash**: $50.00**, Checking: **$9,859.14,** Jamboree, **$3,053.25,** CBIA Social Events: **$1750.00,** Prudent Reserve: **$15,623.26.**
Profit & Loss for the month of **Sept:** Group & Individual Contributions: **$842.65**
Gross Sales *(Books, Chips & Medallions)* **$539.60, (***less Cost of Goods Sold $346.13)*,
Jamboree income **$00.00,** Gross Gain for the month was **$1,382.25**
Total Expenses were **$3,367.95.** Net Income for month of June **-$2,331.83**
Fiscal Year to Date 2022: Group & Individual Contributions Sales **$12,657.78**
Jamboree Contributions **$13,000.53** Fundraisers **$2,067.00,** Gross *(Books, Chips & Medallions):* **$6,951.11 (***less Cost of Goods Sold $4,553.45)*, Gross Total expenses year to date: $**28,718.99** Net Gain for the year to date: **$ 1,163.08.**

No questions

V. Elections

- **Amy** read information on the 4 candidates willing to stand for CBIA Board of Trustees. **Scott E**, **Jennifer N.**, **Scott M.**, and **Paul M.** **Amy** asked if there was anyone else willing to stand? **Jim** made a motion to elect these 4 candidates by acclamation. **Patrick** seconded and **all approved**.

IV. SERVICE AREAS

- **12th Step: Parth.** *(Victoria)* Looking forward to answering the Helpline in November, nothing new to report.
- **Archives: Amy M.** *(CC-Weber Nooners Group)* Received information about groups in the area and will be putting together a presentation about our area for the SWTA Winter Workshop in January and the Jamboree.
- **Bilingual: Amy** *(CC-Weber Nooners Group)* Jennifer talked about there will be a Hispanic Conference in South Padre in November. She will send the flier to the office. Also talked about Chris, the Area Bilingual Chair is providing the translation equipment for Jamboree Spanish speaker. She has also booked the flight for the Spanish speaker for Jamboree.
- **Coastal BENDER: Jim L.** *(CC- New Phoenix Group)* Is looking for a story for December Bender.
- **Corrections / Treatment: Ronnie B.** *(Portland-Nueces Bay Group)* Received letter from an inmate who was more interested in NA materials so he contacted Mark who will take care of this inmate.

- **Jamboree: Patrick R.** stated working on contract with Omni for 2025, Teresa will sign. There have been speaker changes so the flier has not been finalized yet but should be this week. They have selected the Voice and local speaker. They will provide the Area Bilingual Chair a room.
- **Nominations: Parth**-nothing new to report
- **PI/CPC: Ronnie B.** *(Portland-Nueces Bay Group)* Ronnie was not able to attend the PI/CPC meeting at Weber and has been trying to get in touch with a military contact who is on leave.
- **Social: Blake B.** *(CC – New Phoenix Group)* The committee is working on getting all things together for the dance. Asked about tablet for taking credit cards, Rita said she would get to them before Friday

V. Old Business: NONE

VI. New Business: NONE

VII. Office Report: Nothing new to report. Rita will add the new trustees to the meeting emails and get with them in December to go over the Service Area Committees.

Next Board of Trustees Meeting: Monday, **Nov 14th** at **6:00 PM** on Zoom.
Quarterly Association Meeting: Monday, **Jan 30th 2023 6:00PM** on Zoom.

IX. Closing:

Ronnie made motion to close
Patrick seconded All approved.
Amy asked **Scott M to** close the meeting with **Lord's Prayer at 6:58pm.**

Respectfully submitted,
Rita Standish
Office Manager



Program Puzzler: Step, Tradition, and Concept Twelve

D	A	U	C	O	N	C	E	P	T	S	X	V	A	W	O	E	T	E	T
G	E	T	N	Z	G	C	N	Z	O	Z	A	M	C	L	K	D	N	N	V
I	V	P	O	A	Q	M	Q	P	I	X	U	G	N	E	T	Q	W	T	V
Y	Y	U	E	M	N	J	F	R	T	Z	I	L	T	P	N	V	T	H	X
W	J	H	G	N	K	I	I	O	Z	R	L	P	E	T	L	J	I	U	Z
U	U	M	K	M	D	T	M	X	F	O	D	X	B	S	C	M	N	S	O
K	N	U	Y	N	O	E	G	I	A	K	C	P	D	U	O	N	T	I	C
K	T	P	V	C	S	D	N	J	T	A	F	Z	R	G	N	W	I	A	T
A	D	A	R	R	L	D	F	C	R	Y	Z	V	S	G	S	M	O	S	T
I	T	Y	N	I	M	C	I	C	E	H	G	E	O	E	C	C	C	T	G
H	F	B	Z	O	N	A	F	F	A	I	R	S	C	S	I	Y	Y	I	F
D	S	S	X	J	N	C	X	V	I	H	Y	U	I	T	O	O	Z	C	P
A	J	E	B	M	X	Y	I	C	K	S	B	I	E	I	U	G	N	Z	F
E	A	R	K	M	K	P	M	P	S	J	K	K	T	O	S	B	F	A	A
U	G	V	K	M	Z	B	S	I	L	E	P	Q	Y	N	N	R	I	M	C
J	Y	I	M	Z	E	K	N	H	T	E	Z	C	Q	W	E	O	K	W	T
L	E	C	B	G	C	V	R	G	M	Y	S	H	Y	F	S	V	J	W	I
S	I	E	U	I	D	B	R	H	G	D	S	Q	D	X	S	N	E	T	O
U	X	I	F	O	S	U	C	C	E	S	S	R	M	K	B	W	X	Z	N
P	R	A	C	T	I	C	E	P	H	E	N	O	M	E	N	O	N	T	P

Word Search

ACTION
CONCEPTS
ENTHUSIASTIC
PRINCIPLES
SUCCESS
AFFAIRS
CONSCIOUSNESS
PHENOMENON
SERVICE
SUGGESTION
ANONYMITY
DEPENDENCE
PRACTICE
SOCIETY
UNANIMITY



Across

1. Jack Alexander's famous Saturday Evening
4. intensive work with other
8. the General Service Conference shall observe the ___ of A.A.
9. To watch people
10. into action upon all our
12. Having had a spiritual
14. Life will take on new
15. Our work, as such, needed to be
18. What he has received is a free
19. Anonymity is the spiritual
20. to give up personal ___ for the common good
21. to receive this gift lies in the ___ of the Twelve Steps
22. experiences taught us that anonymity is real ___ at work.

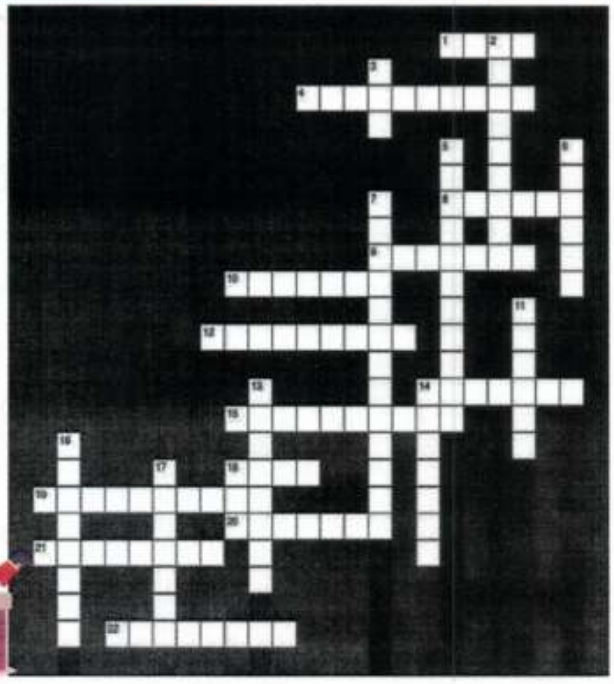


Down

2. The spiritual substance of anonymity is
3. The ___ of living is the theme of A.A's Twelfth Step
5. Do not be ___ if your prospect does not respond at once.
6. Outline the program of
7. place principles before
11. After all, our problems were of our own
13. For alcoholism had been a lonely
14. Cary this ___ to other alcoholics!
16. walk day by day in the path of spiritual
17. be of ___ helpfulness to others
18. the best possible source of emotional stability











Cullen Mall Gratitude Meeting- December 14th at 8pm, 3707 Santa Fe, CC. This year bring a dessert to share and maybe take some home too.

Hilltoppers Christmas Luncheon-December 15th food and fellowship before and after the Noon meeting. *(see attached flier)*

New Year's Eve-Speaker, Potluck, followed by Games-Dec 31st at 18th Street. Door opens at 6pm, so bring food and yourself for a fun evening of games and fun after Speaker ***"Liz L"***. at 7pm.

2023 SWTA 68 Winter Workshop-January 13th-15th Omni Hotel, Corpus Christi, TX *(see attached flier)*

Coastal Bend Jamboree- February 3rd-5th, 2023-Omni Bayfront. Registration is open online and book your room too! *(see attached flier)* Pre-registrations are appreciated *(it helps with expenses before the event)*



Face-to-Face Meeting Updates

New Phoenix Speaker Meetings on Saturday at 8PM
Dec. 10th-Brandi K.
Dec. 17th-Neil M.
No Speaker night Dec. 24th or Dec 31st

Alanos Group 1633 18th Street- Women's 12 Step Discussion Meeting- Tuesday at 2pm in the Cottage**.**

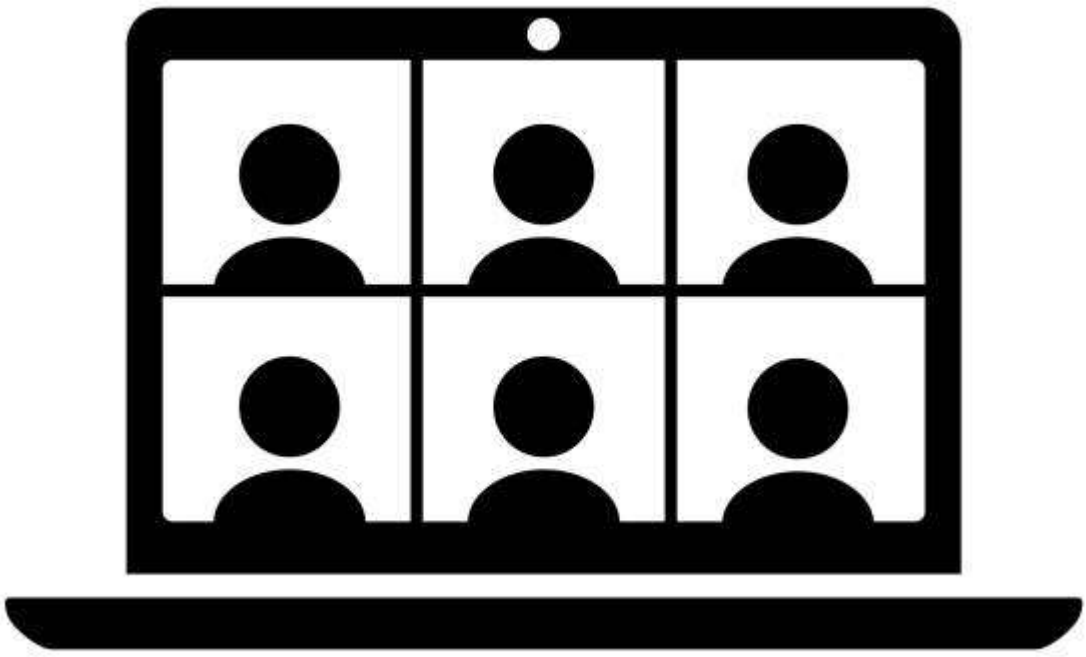
5th Tradition Meeting- Bonfire Meeting on Saturdays at 6pm, smokers welcome. 210 S Carrizo in the backyard.

Alanos Group 1635 18th Street- Friday Night Speaker Meeting- starting Dec. 16th at 7pm in the big building *(see attached flier)*



AA Meetings on Zoom

Group Name	Zoom ID #	Zoom Password	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Alice Recovery Crew	825 6450 3417	123456	SS 7:00 PM		OD 7:00 PM				
Friday Night Speaker Meeting (CC)	434 708 8936	867742					Last Friday Only S 8:00 PM		
New Attitude Group (CC) *Hybrid Meetings*	714 784 969	954788	ODN 6:00 PM		ODN 6:00 PM		ODN 6:00 PM		
New Phoenix Group (CC) *Hybrid Meetings*	886 9994 6374	336965	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 7:00 AM	OLS 7:00 AM
New Women's Group (CC)	580 495 1776	NWGroup	WOD 7:00 PM			WOD 7:00 PM		WOD 3:00 PM	
Turning Point Group (CC)	677 587 2132	sober			OLS 6:30 PM			OD 6:30 PM	
Weber Nooners' Group (CC)	260 214 3828	676271	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon
Clean & Serene Group (CC)	677 587 2132	sober					GLBT/OD 7:30 PM		
Rockport Happy Hour Group	817 4546 8941	0164		CD 5:30 PM		CD 5:30 PM			
Victoria Back to Basics	662 621 1099	218223	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM
Victoria Mainstream	698 545 080	003178			OD Noon				





CBIA Appreciates Ongoing Support

Group Contributions

CBIA's second biggest source of revenue has been Group Contributions. Since COVID-19 came to this area in March of 2020, we have some groups that are starting to meet in person, others are still meeting only on Zoom; and there are groups who are still not meeting. All Group Contributions are appreciated and we hope for continuing support in 2023.

Individual Contributions

We are grateful that individual members of our community have made contributions to Coastal Bend Intergroup. You can donate on the **Birthday Club** list or just send in a donation. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support through **2023**.

Fundraisers

Texas law allows 501c3 non-profit corporations like CBIA to have only two fundraiser events. The **2022/2023 Coastal Bend Jamboree Committee** will hold their event February 3th-5th 2023. We hope that you support this event by attending and participating in the raffles and Silent Auction. Pre-registrations are appreciated since money is needed to prepare for the event. Donations to Silent Auction and to Raffle are a huge help in raising money. Don't forget to donate to Scholarship so that someone less fortunate can experience this great event. A big thank you to the Committee for all the hard work they are doing to make this a successful event.

We look forward to 2023 and whatever other fundraising event happens that year!

CBIA Appreciates Ongoing Support *(Continued)*

Where Are We Now?

	Actual Nov 2022
Contributions	**$30,318.89**
Gross Sales	**$8,625.31**
Cost of Goods Sold	**($5,940.99)**
Gross Gain	**$33,003.21**
Total Expenses	**$34,369.83**
Interest Income	**2.95**
Net Gain	**$-1,363.67**

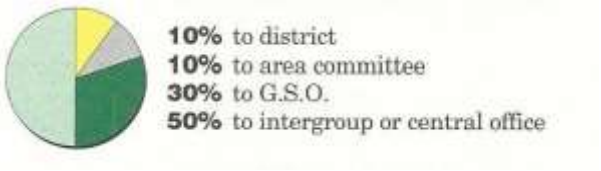
What Has the CBIA Board of Trustees Done?

We continue to work reduced hours at the office to keep costs down. The hours & payroll are reduced by 25% so Terry *(AM)* and Rita *(PM)* will work three hours rather than four each workday. Our hours in 2022 continue at this time to be 8:30 – 11:30 AM and 2:00 – 5:00 PM Monday through Friday.

The board did decide after receiving the $12,875.28 Jamboree contribution to move $3,000 of that money back to the Prudent Reserve *(Savings)* from the check. The $3000 was borrowed in the summer of 2020 to keep the office running during the Pandemic.

What Can a Group Do to Help?

The AA World Service pamphlet, **Self-Support: Where Money and Spirituality Mix, suggests** that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what *(if anything)* it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead *(salaries, office space, etc.)* than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.



2022 CBIA Birthday Club

Birthday Club Members are people who have made an individual contribution to CBIA of $1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors ($5 or more) and people who contribute $100 or more will be listed for one additional year. Donations can be made by **PayPal** under the Donate option on our website (www.cbiaa.org), by **Venmo** to **CoastalBend-Intergroup** (For anonymity, is recommended that Venmo settings make the transaction private.) or by **check** to **CBIA**, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

NAME	HOME GROUP	SINCE	YEARS IN 2022
Nancy G.	CC-Turning Point Group	01/01/1983	**39 Years**
Gail B.	Victoria-Golden Slippers	01/01/2011	**11 Years**
Terry K.	CC-Sunset 7	01/01/2000	**22 Years**
Sheila S.	CC-New Phoenix	01/07/2007	**15 Years**
Charlie B.	Victoria-Golden Slippers	01/09/2006	**16 Years**
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	**40 Years**
Sandra E.	CC-Weber Road Nooners	01/20/2011	**11 Years**
Rae T.	CC-Happy Hour Group	01/23/2006	**16 Years**
Tom G.	CC-Turning Point Group	01/26/1984	**38 Years**
Ernest J.	CC-Flour Bluff Unity Group	02/15/ 2004	**18 Years**
Rob M.	Corpus Christi	02/24/1985	**37 Years**
Mike B.	CC-New Phoenix	03/05/2014	**8 Years**
Janeen H.	CC-Turning Point Group	03/08/2017	**5 Years**
Chris N.	CC-Oso Group	03/09/2009	**13 Years**
Rita S.	CC- Oso Group	03/13/1977	**45 Years**
Joe C.	CC-Happy Hour Group	03/18/1981	**41 Years**
Mary C.	CC-Turning Point Group	03/22/1992	**30 Years**
Enrique M.	CC-Weber Road Nooners	03/30/2016	**6 Years**
Phyllis H.	Rockport Fellowship	04/01/2004	**18 Years**
Cathy H.	New Fairfield, CT	04/06/1999	**23 Years**
Marlive F.	Corpus Christi	04/07/1987	**35 Years**
Lisa D.	Austin, TX (18th St)	04/21/1987	**35 Years**
Kelly K.	Corpus Christi	04/18/1986	**36 Years**
Gale S.	Albuquerque, NM	04/23/1994	**28 Years**
Fred C.	Corpus Christi, TX	05/13/1987	**35 Years**
Linda K.	Lake Charles, LA	05/20/1979	**43 Years**
Carol D.	CC-Happy Hour Group	05/24/2016	**6 Years**
Mary H.	CC-Happy Hour Group	05/24/1995	**27 Years**
Jackie C.	Pleasanton, TX	06/05/2014	**8 Years**
Gary L.	CC-New Phoenix Group	6/07/2009	**13 Years**
James M.	Nueces Bay Group	06/13/1993	**29 Years**

2022 CBIA Birthday Club *(Continued)*

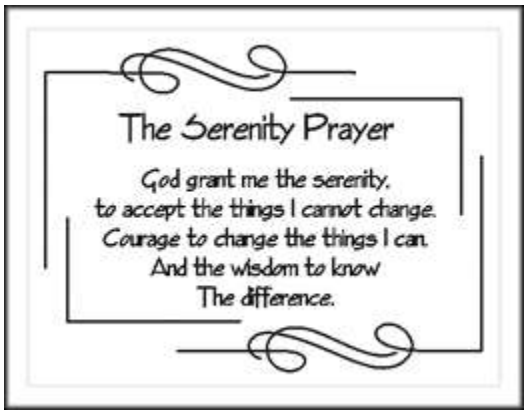
NAME	HOME GROUP	SINCE	YEARS IN 2022
Terry M.	Nueces Bay Group	06/18/1992	**30 Years**
Marie A.	CC-Alanos Group	06/21/1991	**31 Years**
Robin P.	CC-Hilltoppers Group	06/22/1986	**36 Years**
Bill Drews	Rockport-Happy Hour	07/16/1981	**41 Years**
Libby A.	CC-New Women's Group	07/12/1987	**35 Years**
Tammy B.	CC-Weber Road Nooners	08/11/1989	**33 Years**
April K.	Corpus Christi, TX	08/20/1984	**38 Years**
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	**20 Years**
Pat E.	CC-New Women's Group	08/23/1987	**35 Years**
Butch R.	CC Weber Road Nooners	08/26/2006	**16 Years**
Mike Q.	CC- Weber Road Nooners	08/28/2000	**22 Years**
Audrey H.	Rockport, TX	09/01/2011	**11 Years**
Fred B.	Aransas Pass Group	09/01/2002	**20 Years**
Hank S.	CC-Cullen Mall Group	09/07/1993	**29 Years**
Barb C-S	CC-New Women's Group	09/09/1985	**37 Years**
Valerie B.	CC-Weber Road Nooners	09/13/2017	**5 Years**
Heather D.	CC-Weber Road Nooners	09/23/2009	**13 Years**
Dave D.	Rockport Fellowship	10/04/1985	**37 Years**
Brandelyn M.	CC-New Phoenix Group	10/09/2009	**13 Years**
Patrick R.	CC-New Phoenix Group	10/09/2009	**13 Years**
Harold B.	CC-Weber Road Nooners	10/18/2007	**15 Years**
Arthur A.	CC-Hilltoppers Group	10/19/1998	**24 Years**
Tim R.	CC-New Phoenix Group	10/21/2011	**11 Years**
Betsy H.	CC-New Women's Group	10/22/2010	**12 Years**
Kruger D.	CC-New Phoenix Group	10/23/2009	**13 Years**
Eddie M.	CC-Weber Road Nooners	10/28/2005	**17 Years**
Debbie B.	CC-Weber Road Nooners	10/31/2000	**22 Years**
Mary G.	CC-Hilltoppers Group	11/03/1986	**36 Years**
Margaret P.	CC-Hilltoppers Group	11/06/2006	**16 Years**
Loralei D.	CC-New Women's Group	11/06/1984	**38 Years**
Joanie J.	San Antonio, TX	11/28/2015	**7 Years**
Larry H.	**Rockport Fellowship**	**12/04/1990**	**32 Years**
Jimmy M.	**Port Lavaca Group**	**12/14/1987**	**35 Years**
James H.	**New Fairfield, CT**	**12/17/1993**	**29 Years**
Joe Mc M.	**CC-Hilltoppers Group**	**12/21/1980**	**42 Years**
Tony P.	**CC-Hilltoppers Group**	**12/23/1978**	**44 Years**
Ron S.	**China, TX**	**12/24/2009**	**13 Years**
John K.	**CC-Cullen Mall Group**	**12/25/1995**	**27 Years**
Lois H.	**CC-New Women's Group**	**12/29/2007**	**14 Years**

Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of $1 per year of sobriety or a minimum of $5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org), by Venmo to CoastalBend-Intergroup *(For anonymity, it's recommended that Venmo settings make the transaction private.)* or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name	Home Group	Departed
Jay E.	Hilltoppers	**12/16/2021**
Ann F.	5th Tradition Group	**12/20/2021**
Bernard S.	Weber Group	**07/01/2022**
Joe C.	Happy Hour Group	**09/04/2022**
George D.	Port Aransas Group	**11/30/2022**







Helpline / 12 Step List-Help Needed!

More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of nine months sobriety is required to answer the phones. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

If a caller needs help beyond meeting information, the helpline passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. If interested please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted For the Coastal BENDER- Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

District Meetings

District 7
(Victoria Area)
The next District Meeting will be at held at **9:30AM** on **Saturday, Dec 17th** at 803 Pine St, Victoria, TX .

District 8D
(Corpus Christi)
The next District 8D meeting will be at **2:00 PM** on **Saturday, Dec 17th** at New Phoenix Club.

District 8E
(Corpus Christi and West)
The next District 8E meeting will be at **1:30 PM** on **Saturday, Dec 10th** at the Calallen Pass It on Club.

District 15
(Northeast of Corpus Christi)
The next District 15 meeting will be at **2:00 PM** on **Saturday, Dec 10th** at 1302 Market St, Rockport Happy Hour Group.

Addresses for Group Contributions

Coastal Bend Intergroup *(Suggested 50% *)*

CBIA
3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts *(Suggested 10% *)*

District 7 Treasurer
P.O. Box 5324
Victoria, TX 77903

District 8D Treasurer
P.O. Box 61135
Corpus Christi, TX 78466

District 8E Treasurer
% James Marcus

District 15 Treasurer
% Becky Gelzaines
1211 Smokehouse Rd
Rockport TX 78382

Area 68 Southwest Texas *(Suggested 10% *)*

SWTA 68 Treasurer
P.O. Box 830195
San Antonio, TX 78283

General Service Office *(Suggested 30% *)*

GSO
P.O. Box 459
New York, NY 10163-0459

***** Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** *(Available on our web site: cbiaa.org under DONATE).* Group
Contributions are always at the discretion of the group conscience.

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday **Dec 12th** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday **Jan 30th 2023** at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group Conscience is held the first Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. *(5433 S. Staples, Suite F in The Boardwalk.) park in the rear parking lot off Bonner.*

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. *(First United Methodist Church, 900 S. Shoreline Dr., Room 244)*

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the 1st Monday of the month following their birthday. *(Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)*

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. *(Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).*

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club *(320 Anchor St. in CC).*

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Contributions

GROUP NAME	Nov 2022	YTD 2022
Alice Group		
Anonymous/Individual Contribution	**70.00**	**2,514.00**
Aransas Pass Group		**100.00**
Beeville-Shepherd's Group		
CC-Alanos		**200.00**
CC-Bookmarks Group		
CC-Calallen Group		
CC-Crosstown Group		
CC-Cullen Mall Group	**50.00**	**50.00**
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's PLC		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		
CC-Hilltoppers Group		
CC-Humility Group		**200.00**
CC-Just for Today Group		
CC-Lucky Ones		
CC-New Attitude Meeting		**139.18**
CC-New Life Group	**75.00**	**435.00**
CC-New Phoenix Group	**293.50**	**1,494.14**
CC-New Women's Group	**124.00**	**1,553.83**
CC-Oso Group		**517.79**
CC-Roddfield Group (final dist)		
CC-Saratoga Group		
CC-Sunset 7 Group *(N Padre Island)*		**791.34**
CC-Turning Point Group		**175.00**
CC-Weber Road Nooners Group	**404.40**	**1,518.60**
District 7		
District 15		
District 8D		
Cuero-Burning Desire Group		**50.00**
Goliad-Open Arms Group		**114.95**
Hallettsville Group		**50.00**
Karnes City-Mayfield Group		
Kingsville-AL-K Group		**49.00**
Moulton Group		**100.00**
Mathis -Crossroads Group	**100.00**	**350.00**
Mathis – Unity Group		
Port Aransas Group		
Port Lavaca Group		**205.00**
Port O'Connor Group		**56.54**
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		
Quarterly Meeting 7th Tradition		
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		**401.00**
Rockport-Fellowship Group		**2409.40**
Schulenburg Group	**50.00**	50.00
Shiner Group		**100.00**
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		
Victoria-Airport Group		
Victoria-Back to Basics Group	**234.32**	**722.12**
Victoria-For Sinners Only Group		**25.00**
Victoria-Golden Slippers		
Victoria-High Nooners Group		
Victoria-Main Stream Group		**125.00**
Victoria-Men's Group		
Victoria-Unity Group		**116.27**
Victoria-Women's Group		
Yorktown Group	**150.00**	**230.00**
TOTAL	**$1,316.90**	**$14,957.36**

Coastal Bend Intergroup Association
Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

  whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM. (normal hours)

2. Provides information and referrals for A.A. inquiries.

3. Maintains a 12 Step listing and calls individuals for 12 Step work.

4. Provides an A.A. listing in the Telephone directory.

5. Provides a 24-hour volunteer phone answering during hours when the office is closed.

6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.

7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.

8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.

9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.

10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.

11. Maintains service committees for service work in the Coastal Bend Area.

Detach here.

Free e-Mail Subscription to the BENDER and BITS & PIECES

NAME: _____.

E-MAIL: _____._

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption “ADD TO BENDER DIST.”
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

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Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una linea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.

2. Provee información y referencias sobre A.A. .

3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.

4. Provee un listado de A.A. en el directorio telefónico.

5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.

6. Publica los horarios de todos los grupos en el área costera sin costo.

7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..

8. Compra y venta de literatura “Aprobada en Conferencia” (‘CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.

9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.

10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.

11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispaños
HORARIO

(Rev. 3.1.2019)

Grupos en Corpus Christi

- **Grupo Nueva Esperanza** *(552 Old Robstown Road, Corpus Christi)* **8:00 De la Noche** *(todos los dias).*
- **Grupo Primer Paso** *(1635 18th Street, Corpus Christi)* **8:00 De la Noche** *(Miercoles);* **Mediodia** *(Sabado).*
- **Grupo Serenidad** *(408 Brownlee, Corpus Christi)* **8:00 De la Noche** *(Martes y Domingo);*
- **Grupo Tres Legados** *(1019 S. Port, Corpus Christi)* **8:00 De la Noche** *(Lunes, Martes, Miercoles y Jueves);*

Grupo en Flatonia

Grupo Flatonia *(208 E. North Main Street, Flatonia)* **7:00 De la Noche** (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez *(819 N. 3rd, Kingsville)* **7:00 De la Noche** *(Miercoles)*

Grupo en Moulton

Grupo Moulton *(301 N. Hackberry. Moulton)* **7:00 De la Noche** (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer *(213 E. Austin, Port Lavaca)* **7:00 De la Noche** (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg *(901 Kallus, Schulenberg)* **7:00 De la Noche** *(Domingo)*

Grupo en Sinton

Grupo Segunda Chance *(215 Sodville, Sinton)* **8:00 De la Noche** (Martes y Viernes)